

CHECKLIST



for a Facial Sculpting
Massage Therapist



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CHECKLIST FOR A FACIAL SCULPTING MASSAGE THERAPIST

WELCOME MESSAGE

Hi there,

If you're holding this guide, you're probably curious about face sculpting massage - not just as a beauty technique, but as something more meaningful.

Maybe you're a skincare professional wanting to offer something deeper.

Maybe you're someone who's passionate about holistic beauty and self-care.

**OR maybe you're simply wondering:
Is this the right path for me?**



This guide is here to help you answer that honestly and clearly.

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01

What is Sculptiko Face Sculpting Massage?

Sculptiko Face Sculpting Massage

is not just a powerful beauty ritual - it's a deeply therapeutic method that lifts, tones, and detoxifies the face from within.

My approach

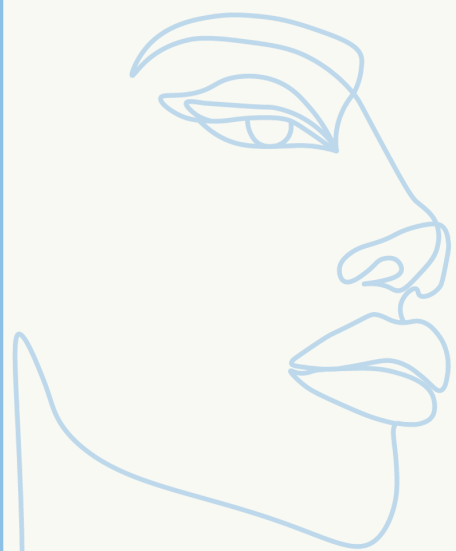
goes far beyond surface-level techniques. I teach an in-depth, layered system that blends facial anatomy, intuitive touch, and advanced sculptural methods to create real, lasting transformation.

With over a decade of hands-on experience and thousands of hours spent in the treatment room, I've learned what it truly takes to deliver results that keep clients coming back - and happily investing \$300 per session. It's not just about technique; it's about delivering an experience that feels transformative, personalized, and effective.

Why Clients Keep Coming Back

- ✦ **they see real results** – every session leaves visible changes in appearance and well-being.
- ✦ **they value premium quality** – people are willing to invest in methods that truly work.
- ✦ **it's more than just technique** – it's a complete experience combining professionalism and care.
- ✦ **they feel a deep transformation** – not only on the outside, but also inside, restoring confidence.
- ✦ **it's fully personalized** – the approach is tailored to each individual's unique needs.
- ✦ **the effectiveness is proven** – results look natural and feel authentic.

In My Method: Proven Effective Techniques



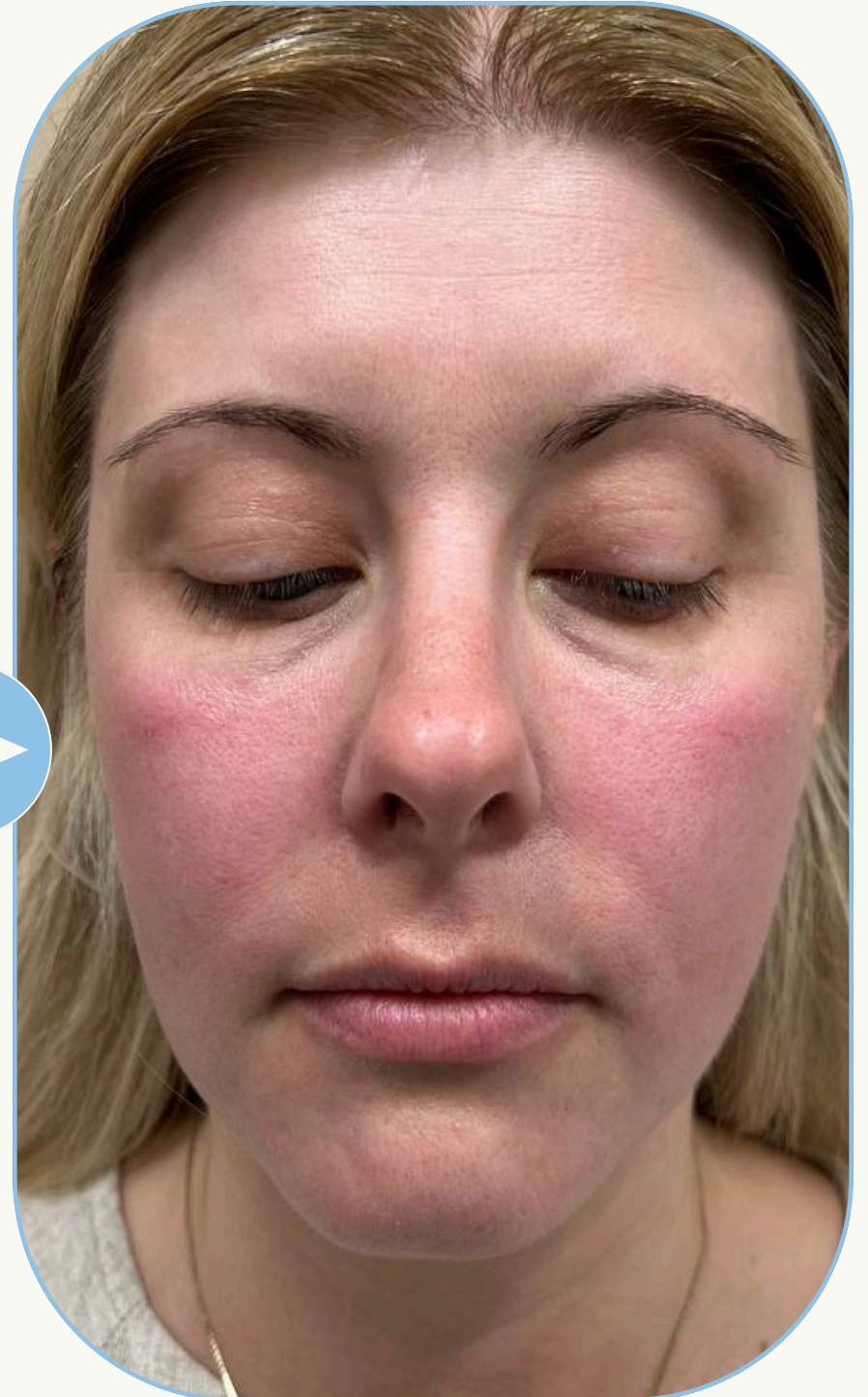
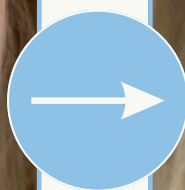
- ✦ Lymphatic drainage
- ✦ Deep tissue facial massage
- ✦ Dry skin massage
- ✦ Oil-based massage
- ✦ Kinesio taping
- ✦ Post-isometric relaxation techniques
- ✦ Gua Sha
- ✦ Osteopathic-inspired techniques
- ✦ Buccal (intraoral) massage



02

This comprehensive system is designed to not only reshape the face but also support the nervous system, release tension, and promote long-term skin health — naturally.

BEFORE AFTER



What we achieved:

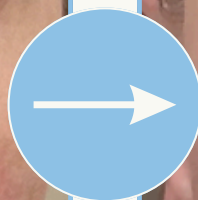
- forehead wrinkles are smoothed out
- tension in the under eye area is reduced
- smile lines are smoothed out
- lips tension is reduced
- skin's quality is improved



CHECKLIST FOR A FACIAL SCULPTING MASSAGE THERAPIST

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BEFORE AFTER



What we achieved:



- released tension in the forehead
- smoothed out the under eye area
- lifted cheeks
- smoothed out nasolabial folds
- improved skin texture
- lifted marionette lines
- more defined jawline

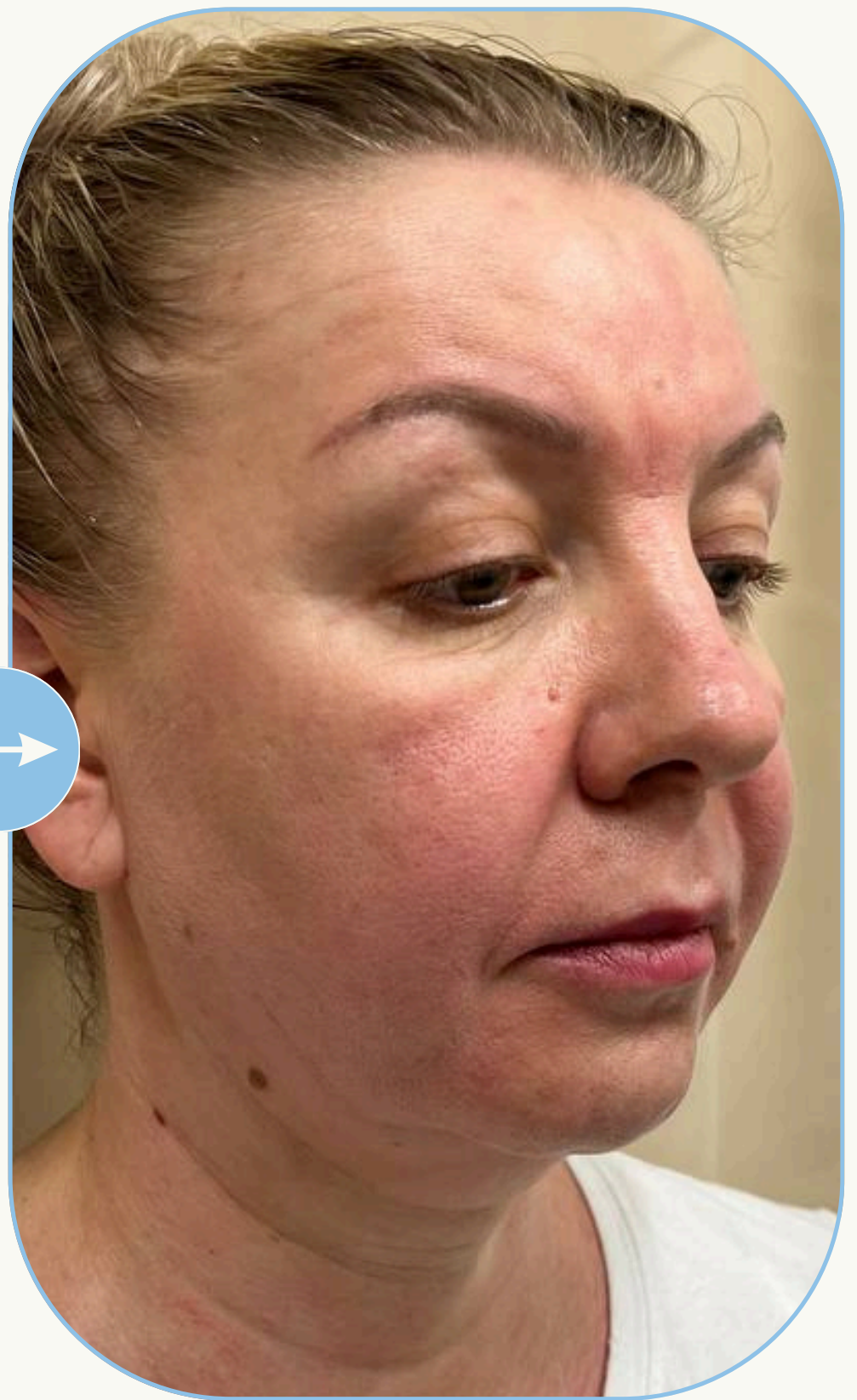
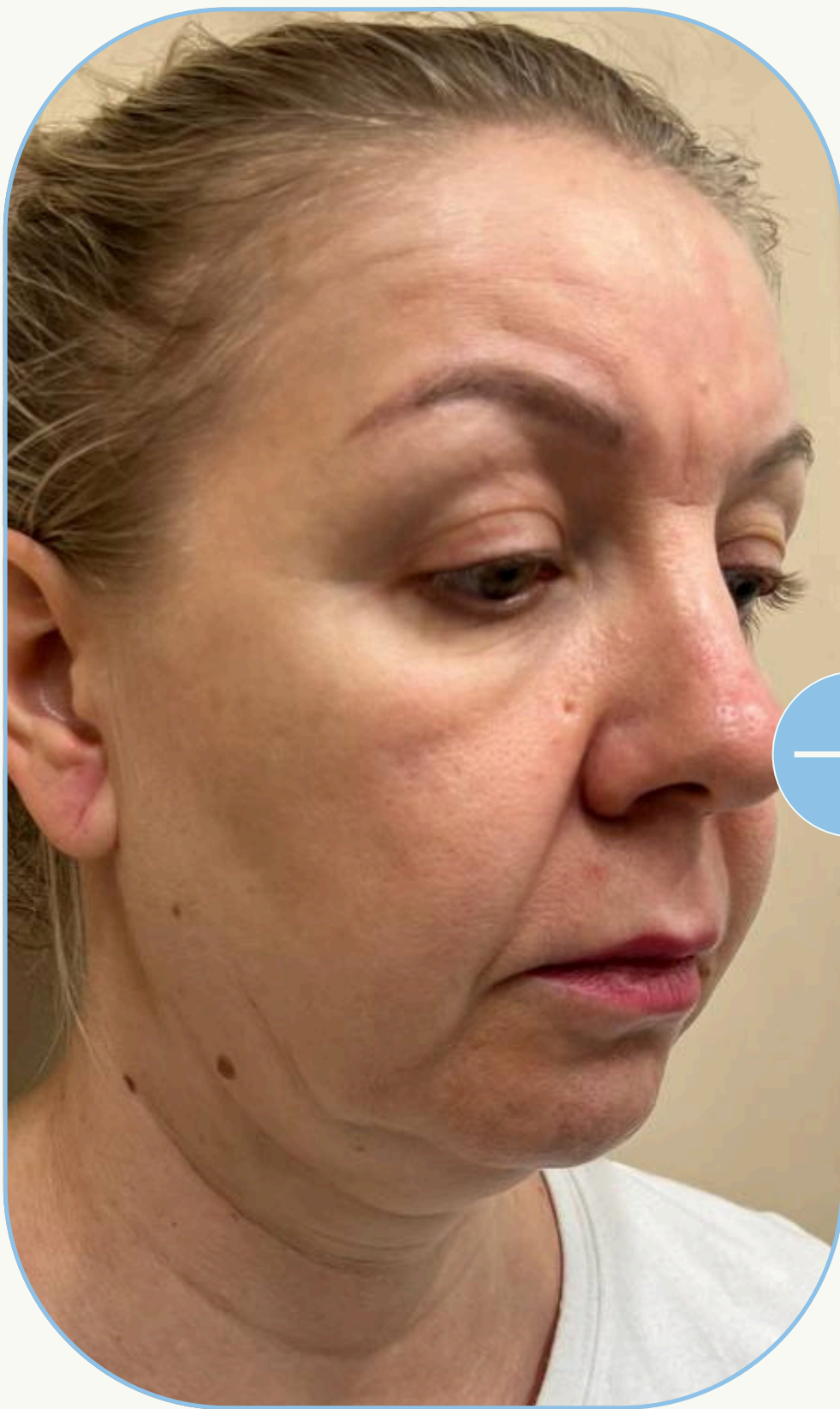
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CHECKLIST FOR A FACIAL SCULPTING MASSAGE THERAPIST

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BEFORE AFTER



What we achieved:

- released tension and swelling in the forehead
- plumper lips
- sculpted and lifted jawline
- improved marionette lines

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Signs This Niche Might Be Perfect for You



You're passionate about natural beauty and holistic practices



YOU love working with your hands and creating visible results



YOU want to help others feel confident and radiant



You're looking for a skill that's in demand and emotionally fulfilling



You've tried face massage and felt its powerful effects — and want to learn it properly



You're already in the wellness/skincare world and want to deepen your offerings and want to learn it properly



You're curious about building a signature method or offering



You want a career that aligns with self-care, intuition, and transformation



If you said yes to at least 4 of these...
you're already on the right path.





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When It Might NOT Be the Right Fit

- You're looking for a quick fix or overnight success
- YOU don't enjoy working with people physically
- You aren't open to learning in-depth techniques or understanding anatomy
- You want a passive or digital-only business with no hands-on work

Face sculpting massage is a craft. It requires presence, practice, and passion. If that excites you – keep reading.





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What Makes My Training Different?

It's not just a technique – it's a system

We go deep: muscles, fascia, lymph, energy

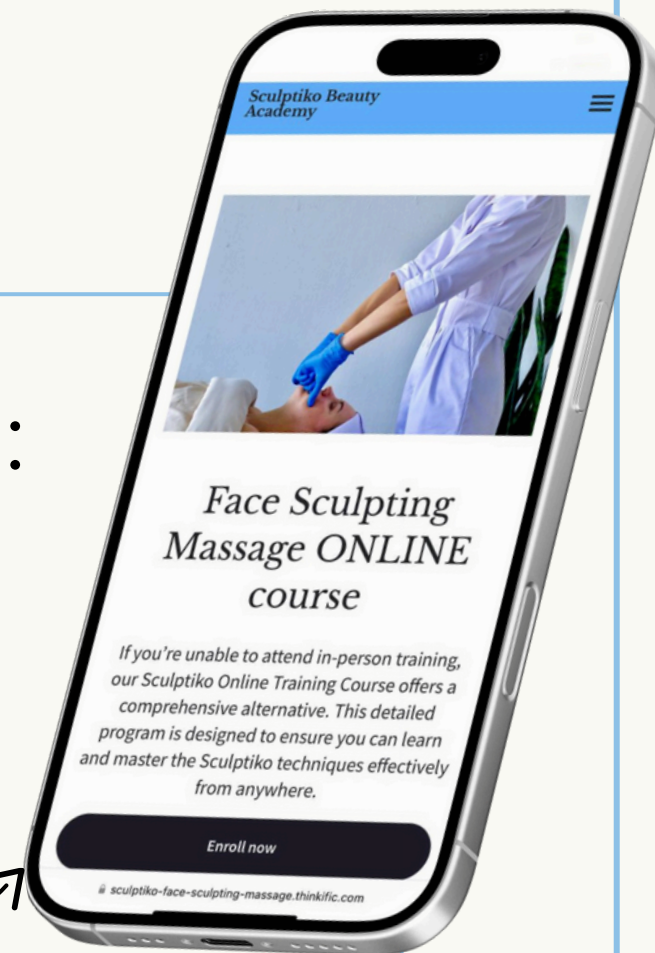
You'll master hands-on skills + the science behind them

You'll receive personal support and feedback

You'll walk away with confidence and mastery — not just a certificate

In addition, I also offer:

- ★ One-on-one consultations
- ★ Webinars with practical insights
- ★ A website full of valuable information
- ★ An online learning platform
- ★ Training in two formats: hybrid and online
- ★ Instagram, where I'm always in touch



I created this training because I couldn't find anything that truly taught the depth and soul of this work. So I built it.



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When You Grow, Your Clients Grow With You



Do you ever feel like you're undercharging – and afraid to raise your prices because you think your clients might leave?



You're not alone.

That fear is common, especially when you're passionate about your work and care deeply about your clients.

But here's the truth:

clients hesitate when they don't fully understand the value of the time they're spending with you.

And that's where your growth as a professional comes in.

Your job isn't just to offer a service – it's to create an experience, a transformation, a result they can't wait to come back for.

When you consistently grow your skills, deepen your knowledge, and elevate the quality of what you offer, your clients feel that. And when they feel it – the price becomes secondary.

So don't shrink your worth to fit someone else's expectations. Rise into it – and take your clients with you.



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Worried About Selling Your New Skill?

Thinking about transitioning into a new niche
– but worried you won't be able to sell it?



You're not alone.

Many people feel uncertain when stepping into something new, especially when it comes to offering a service that feels different from what they've done before.

But here's what's important to know:

You don't have to “sell” it in the traditional sense – you just need to embody it.

When you're genuinely passionate, well-trained, and confident in your method, people feel that. Authenticity and skill are magnetic.

Face sculpting massage is powerful.

It's a modality that's in demand. Clients are actively looking for natural, results-driven approaches to beauty and self-care.

When you clearly communicate the transformation you offer,

selling becomes simply sharing something you believe in.

The right training gives you more than technique.

It gives you the confidence and the language to communicate your value – and attract the clients who are ready for it.

You don't need to be a salesperson.

You need to become someone who deeply believes in the results they deliver. The rest follows.



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What You'll Be Able to Do After the Full Training

Offer professional-grade facial sculpting massage treatment that clients can't do at home.

Build or expand a skincare/wellness business.

Create loyal, high-value clients.

Understand facial anatomy and technique on a deep level.

Experience your own personal transformation.

Feel empowered, skilled, and aligned with your purpose.

Face sculpting massage isn't just a trend. It's a craft. A therapeutic art.

A high-value, high-impact method that can transform your career, your confidence, and the results you deliver.



And the best part? You don't have to figure it out on your own.





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My Signature training was designed for you if:

- ✦ You're ready to move beyond surface-level techniques
- ✦ You want a complete, in-depth system (not scattered tools)
- ✦ You're craving structure, support, and deep knowledge
- ✦ You're ready to build a career rooted in skill and self-worth
- ✦ You want to offer premium services that reflect your value





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The Path to \$150K a year Without Burnout

How One Smart Investment + the Right Method Changes Everything

If you're currently working long hours, charging low rates, and still struggling to scale your income, you're not alone. Most estheticians and massage therapists hit a ceiling quickly because they:

✦ Rely on **low-ticket services**

✦ Burn out trying to fit in **too many clients per day**

✦ Constantly invest in **expensive machines, product restocks, or fancy equipment**

✦ And don't have a **signature, high-value service** that sets them apart

BUT IT DOESN'T HAVE TO BE THAT WAY.

With the **Sculptiko Face Sculpting Massage system**, you'll learn a **premium, high-demand, machine-free technique** that allows you to raise your rates — and reduce your workload.

WHAT MAKES THIS MODEL DIFFERENT?

ADVANTAGES

- ✗ No expensive machines
- ✗ No constant product replenishment
- ✗ No need to sell retail
- ✗ No long recovery or equipment downtime

ALL YOU NEED

- ♡ A massage table
- ♡ Clean hands
- ♡ The right technique under your belt



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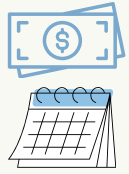
The Path to \$150K a year Without Burnout

Income Comparison Table: Before vs. After Training

SCENARIO	BEFORE (TYPICAL PRACTICE)	AFTER TRAINING (SCULPTIKO METHOD)
Price per session	\$ 75	\$ 230
Sessions per week	25	13
Hours worked/week	30-40	~15-20
Weekly income	\$ 1 875	\$ 2 990
Annual income	~ \$ 90 000	~ \$ 155 000
Client energy output	High (25 clients/week)	Lower (13 clients/week)
Risk of burnout	High	Low
Equipment/product costs	\$ 1 000s/year	Minimal (oils + massage table)
Total investment in training	N/A or scattered	\$ 1 799 one-time

The Fast Track to \$150K/Year

Let's do the math:



$\$ 230 \times 13 \text{ sessions/week} = \$ 2 990/\text{week}$

$\$ 2 990/\text{week} \times 52 \text{ weeks} = \$ 155 480/\text{year}$

And you're working nearly half the hours compared to the average esthetician.

Now Let's Flip It — How Much Do You Work for \$150K?

If you're charging \$75/session (the national average), to make \$150K/year, you'd need to:

- Do ~38 sessions/week
- That's 8 clients/day, 5 days/week
- Nearly impossible to sustain without burnout

But with Sculptiko? You cut that nearly in half — while offering more value, better results, and attracting premium clients.



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The Path to \$150K a year Without Burnout

Final Thoughts

✦ Your hands are your tools. But technique is what turns those hands into a premium skillset.

✦ You don't need machines.

✦ You don't need to burn out.

✦ You don't need to work 40+ hours to hit six figures.

YOU JUST NEED THE RIGHT SYSTEM.

Ready to make \$150K working less — and with more purpose?

✦ Start with just one-time \$1,799 investment.

✦ Learn the Sculptiko Method.

✦ Raise your rates.

✦ Free your time.

✦ Serve better. Earn more. Live fully.





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Conclusion

If reading this lit something up in you, trust that.

My in-depth Face Sculpting Massage Training is open to those ready to learn, grow, and become true practitioners of this powerful work.

You can read all about the full program and if it feels right, I'd love to welcome you in.



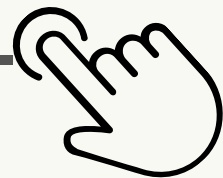
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MY INSTAGRAM

SCULPTIKOBEAUTY



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